



Michael Kostka

Joshii's Clinical Assistant

What Michael can do for you...

Michael is a bodyworker who uses 'hands on therapies' which includes everything from classic, sports, Chinese and MLD (Manual Lymphatic Drainage) massage, through to reflexology, and vibration work which is his own method based on quantum physics.

About Michael...

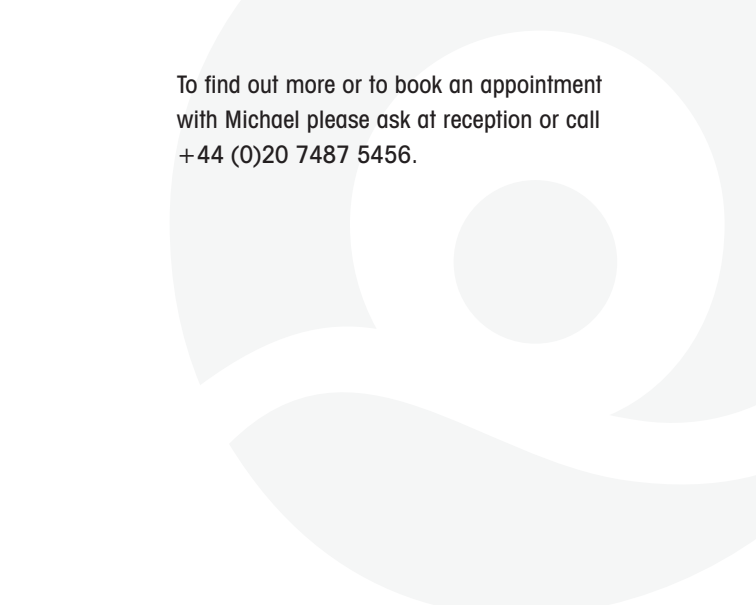
Michael was educated and trained in Poland. He holds a BSc degree in Physiotherapy, and to complement his work alongside Joshii, he is now training to become a qualified osteopath at the College of Osteopaths, London.

Key training and experience

- BSc in Physiotherapy
- Chinese massage and reflexology diploma
- Segmentary massage, manipulation and traction diploma
- Classic and sports massage diploma
- 2 years of clinical experience

Philosophy...

"My philosophy is to deliver healing. It's very simple: 'Check everything for yourself', in other words 'be your own guiding light', as different methods work for different people."



To find out more or to book an appointment
with Michael please ask at reception or call
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