



## Dr Tatyana Telnikoff

### Mesotherapy & Aesthetic Medicine

#### What Tatyana can do for you...

Dr Tatyana Telnikoff offers a new rejuvenation treatment for skin and pain relief therapy. Mesotherapy is a gentle therapeutic technique used in rejuvenation therapy and has an established track record in many European countries. It involves the injection of microscopic quantities of homeopathic medicine under the skin into specific points and areas. Components of these homeopathic preparations include antioxidants and vitamins, which are able to trigger the production of the body's own collagen, which becomes depleted with age. After treatment, lines and wrinkles are diminished, the skin glows and becomes firmer and smoother. Mesotherapy is also used for redundant (sagging) skin, hand and neck rejuvenation, hair loss, and cellulite. Results can be seen on average after 5 – 10 sessions based on your body type and the severity of the condition.

Biopuncture conforms to the latest technical standards for the treatment of acute and chronic pain, such as that caused by sports injuries, frozen shoulder, tennis elbow, joint instability, arthritis, migraine, cystitis, neuralgias and many others. It is also a combination of homeopathy and acupuncture. Tiny injections of homeopathic medicine are administered to the area where the problem exists. This method is very effective and serious side effects are excluded.

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## About Tatyana...

Dr. Tatyana Telnikoff was educated in traditional and alternative medicine, homeopathy, acupuncture and was subsequently awarded certificates for Mesotherapy and Biopuncture in Italy and Belgium. She has considerable experience of dealing with problems which have resisted treatment by traditional medicine.

## Philosophy...

"We can significantly improve our long-term health prospects by using holistic medicine, which stimulates natural self-healing and has no side effects."

## Testimonials

*"...I never expected such an amazing effect on my skin in my sixties... I feel younger, happier and sexier."*

(Mrs. Anna Miller, Oxford)

*"...my husband thinks he has a new wife. I lost weight, my cellulite disappeared, I can wear a bikini with confidence."*

(Mrs. Natasha Warren, City of London)

*"I noticed an improvement in my skin colour and tone and a reduction in cellulite after only two sessions. I will definitely continue this inimitable treatment."*

(Lady Sarah P., Belgravia, London)

To find out more or to book an appointment with Tatyana please ask at reception or call +44 (0)20 7487 5456.

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